February 2023



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NEWSLETTER



Eagle View Elementary 97 Talcott Road, Victoria, BC V9B 6L9 Phone: 250-744-2701 FAX: 250-744-2703

Spirit Day on Tuesday, February 14 Dress in Red, White and Pink!

Staff and students are grateful to be in community together at Eagle View and we wish to recognize the Lekwungen territory of the Esquimalt and Songhees Nations, on whose traditional territories, we live, we learn and we do our work.

Administrators Message

We find ourselves in February already and we are very excited about a month of kindness ahead. It started this week on our announcements! Each day suggestions of how to show kindness are shared by our student leadership friends. Don't be surprised if your child comes home with today's encouragement to be kind by smiling and talking with neighbours on your street. This is also a great way to open up conversations at home by asking your child how they can be kind. They should all have an answer! As hearts are showing up on bulletin boards throughout the hallways it has been wonderful to read how their hearts are full. We know that kindness is much longer than just these 28 days, and look forward to when, where and how they may appear in our school community for many days to come.

Throughout the month of February, we have a few whole school spirit days to promote a continued practice of kindness—something that we are all seeking these days. Be sure to mark your calendars!

Our school goals focus on having K-3 students reading at grade level using targeted interventions and then maintaining grade level reading through to grade 5 as well as targeted writing strategies to communicate ideas and information to increase meaningful and more complex/detailed written output. We want to foster the importance of reading and deepen students understanding of the usefulness of reading and writing skills throughout their lives. As students continue to focus on these goals, you can support them at home by sending notes in their lunch kits for them to read while they eat, have your child write a note of encouragement and kind words to give to a friend at lunch time and spend time each day with them sharing a favourite book together!

We are pleased to welcome Ms. Van Stone and Ms. Cunningham, two teacher practicum students, in our grade 2 classes. They are in their final year of post-secondary learning and are eager to learn from their mentors.

Our Kindergarten registration week brought us 34 new students to our school community with several families sending another child to Eagle View. As our numbers continue to increase, please help us out by directing any new families in your neighbourhoods to register now, even if they won't be arriving until September. We don't want anyone to miss out on being able to attend their catchment school.

Lastly, we remind families that students will enjoy a four day weekend as the teachers engage in professional development on the 17th and Family Day on the 20th of this month.

Mrs. Relf and Mrs. Beattie Principal and Vice Principal





View the full school calendar at: www.sd61.bc.ca/school/eagleview

2023

Mon	Tue	Wed	Thu	Fri
		1	2	3 Subway Lunch
6 K-12 Transfer Process Begins	7	8 PAC Meeting 6:30 pm	9	10 K-12 Transfer Process Ends Pizza Hut Fun Lunch Div. 1 - 4 Field Trip @Juan de Fuca 12:30 - 2:30 pm
13	14 Red, Pink & White Day Popcorn Recess Valentine Stations Kindness Assembly 1:00 pm	15 Observatory in Div. 5 10:30 - 11:30 am	16 Div. 3 Field Trip @ Parliament Buildings 9:45 am - 12:30 pm La Taquisa Fun Lunch	17 Pro D Day School is NOT in Session
20 Family Day Stat Holiday	21	22 Pink Shirt Day In support of Anti-Bullying	23	24 Booster Juice Lunch
27	28 Cobs Bakery Recess			
February Birthdays Cali F, Andrew A, Elizabeth A, Alistair F, Harry K, Jax M, Samira K, Lilly P, Poppy W, Riley H, Connor M, Naomi B, Noah M, Benjamin P, Alexa M, Ella S, Mabel S, Callum W, Ivy B, Fox V, Chloe R, Sarita W, Taylor G, Aiden B, Lucas A & Danielle C.				

Happy Birthday!!

Kindergarten Registration - September 2023

We have been busy processing our new kindergarten registrations for September 2023. If you know of any families who have a child turning 5 this calendar year, please ask them to call the office at (250)744-2701 as soon as possible.



To register you will need your child's birth certificate, medical card and proof of residency. All registration is being done online. <u>www.sd61.bc.ca/registration</u>

Student Transfer Process - K - 12

Eagle View Elementary is part of the Spectrum Family of Schools. Catchment students will move through our family of schools – Eagle View Elementary (K-5), Colquitz Middle School (6 – 8), and Spectrum Community School (9-12). Non-catchment students in Grade 5 will be pre-transitioned to their catchment school. Each year as part of the registration process, parents are given an opportunity to apply for transfer if they wish their child to attend a school outside of their assigned catchment. The student transfer process for K-12 will begin on February 6–10, 2023. Transfer forms will be available at any Greater Victoria School District schools as well as online. Please visit www.sd61.bc.ca for more information or give our school office a call at (250)744-2701.

Winter Weather - Important Information



Remember, we have "West Coast" recesses at Eagle View. Please ensure your child is dressed for all weather, particularly rain! We are now in the season when inclement weather may affect the safety and welfare of students. In particular, snowy weather has the potential to cause school closure or some School District 61 services to be suspended.

During inclement weather, information about schools will be updated continuously on the Greater Victoria School District 61 website at http://www.sd61.bc.ca/. We will also be using our School Messenger system to convey messages of this nature as well.

Within the Greater Victoria School District, the Superintendent of Schools will provide media outlets with information about the status of our facilities and transportation services by 6:30 am.



Library News

Eagle View students and staff are looking forward to Canadian author Lana Button's upcoming visit on March 15th. A BIG thank you to the PAC who have made this presentation possible through their ongoing support in our library. Lana will present to all students throughout the morning. More about Lana and her presentation can be found here. <u>http://www.lanabutton.com/about.html</u>

There is an OPTIONAL book order form that Lana has shared attached to our newsletter email. If you are interested in ordering a book please fill out the order form and return it to the library with payment.

Thank you again to our amazing PAC for this exciting opportunity!

Mrs. Restell

February 2023

February is Heart Month

February is full of hearts.... Heart Month and Valentine's Day! Did you know that boosting your mood and getting enjoyment out of life is one way you can take care of your heart! Below are a few ways you can give your heart a boost.

Do things that positively impact others. Being useful to others and being valued for what you do can help build self-esteem. A phone call to a friend you haven't heard from in a while can make someone's day. **Learn or discover new things**. Join a book club, visit a museum, learn a new language or visit somewhere new.

Enjoy the beauty of nature or art. Studies show that walking through a garden can lower blood pressure and reduce stress. The same goes for strolling through a park or an art gallery, hiking, admiring architecture or sitting on a beach.

Engage in meaningful, creative work. Do things that challenge your creativity and make you feel productive, whether or not you get paid for it – things like gardening, drawing, writing, playing an instrument, or building something.

Make time for leisure. Do positive things for no other reason than that it feels good to do them. Go to a funny movie, take a walk on the beach, listen to music, read a good book, or talk to a friend. Play is an emotional and mental health necessity.

Make time for reflection and appreciation. Think about the things you're grateful for. Enjoy the sunset or take a moment to pay attention to what is good and positive as you go about your day. Everyone is different. Some people feel better relaxing and slowing down while others need more activity and more excitement or stimulation to feel better. The important thing is to find activities that you enjoy and uplift your heart!

News from EVE PAC

PAC Meetings

The next PAC meeting will be on Wednesday, February 8, at 6:30 pm in the school library. All parents are welcome to attend.







