February 2020



ELEMENTARY VIEW EAGLE



NEWSLETTER



Eagle View Elementary 97 Talcott Road, Victoria, BC V9B 6L9 Phone: 250-744-2701 **FAX:** 250-744-2703

Website: www.sd61.bc.ca/school/eagleview

Spirit Day on Thursday, February 13
Dress in Red, White and Pink!

Principal's Message



The first few weeks of 2020 have been exciting at Eagle View Elementary! Many new kindergarten students came to register, classes were coming and going on field trips and we hosted 'Ready Set Learn' for our community with 30 pre school children in attendance. Mrs. Coleman, Ms.

Moore, Mrs. Wiersma, Mr. Galhon and Mrs. Relf along with a cohort of Grade 5 leadership students, helped plan, organize and run the event. Many activity stations were full of readers, inventors and athletes. Our wonderful PAC president, Santina Spencer, came and provided the PAC's perspective on our school and brought snacks for both the adults and children. It was tremendous to see the large turn out and to make new connections.

Throughout the month of February, we will be featuring the "Kindness Challenge" which encourages actions that make and create happiness in ourselves and towards others. Special events on February 13, Red/White/Pink day and February 27 Pink Shirt Day Assembly, all support acts of kindness. A reminder that the students will enjoy Valentine's Day at home as the teachers engage in professional development that day.

On the athletic front, basketball continues for grade 4/5 students with their teacher coaches, Mr. Galhon and Ms. Houldsworth. Swimmers and their coaches, Mrs. Wiersma and Ms. Ottenbreit participated in the "Stand UP and Race Swim Meet" on January 19 which will be followed on **Wednesday**, **February 12 with the Preliminary Swim Meet.** Floor Hockey for grade 3 students with Mr. Borich is well under way and continues each Wednesday until Spring Break. We also have a parent, Laura Fanning-Gallant, who comes to do Dance on Monday's and Thursday's with our grade 3, 4 and 5 students at lunchtime. Many thanks also to the parents that come to help with Fun Lunch day, read with students and share their expertise in the classroom.

Mr. Galhon and Mrs. Relf Vice Principal and Principal

Eagle View is a 'Scent Aware School

Please remember that Eagle View is a 'Scent Aware' school. We have individuals in our school community who are highly sensitive to scented products (perfume, deodorant, hand lotion etc.) that we might use. Please consider this when using these products; we want everyone to feel healthy and well.









View the full school calendar at:

www.sd61.bc.ca/school/eagleview

	Tue	Wed	Thu	Fri
Maturation Talks Div. 3 1:00 pm	Popcorn Recess Swim Club 3:15 - 4:00 pm	5	6	READY SET LEARN 8:30 - 10:00 am Lock Down Drill 10:45 am Pizza Hut Lunch
10 K-12 Transfer Process Begins	Swim Club 3:15 - 4:00 pm	Field Trip Div. 5 Juan de Fuca 9:10 - 10:45 am Preliminary Swim Meet 8:35 am - 1:00 pm Commonwealth Pool PAC Meeting 6:30 pm	Red, Pink & White Day Subway Lunch	Valentine's Day Pro D Day School is NOT in Session
Family Day Stat Holiday	K-12 Transfer Process Ends Swim Club 3:15 - 4:00 pm	19	20	Boston Pizza & Pasta Lunch 3rd Round of Fun Lunch ordering opens
24	25 Cobs Bakery Recess	Pink Shirt Day In support of Anti-Bullying Assembly 1:15 pm	27	28 White Spot Lunch

February Birthdays

Thane V, Brandon U, Jeremiah B, Cali F, Ryder O, KDN R, Finnley D, Poppy W, Riley H, Connor M, Noah M, Addi S, Chloe R, Hayden D, Adyson P, Grayson H & Danielle C. Happy Birthday!!

Kindergarten Registration - September 2020

We have been busy processing our new kindergarten registrations for September 2020. If you know of any families who have a child turning 5 this calendar year, please ask them to call the office at (250)744-2701 as soon as possible.



To register you will need to bring your child's birth certificate, medical card and a proof of residency. Please come to the main office to register.

Student Transfer Process - K - 12

Eagle View Elementary is part of the Spectrum Family of Schools. Catchment students will move through our family of schools – Eagle View Elementary (K-5), Colquitz Middle School (6 – 8), and Spectrum Community School (9-12). Non-catchment students in Grade 5 will be pre-transitioned to their catchment school. Each year as part of the registration process, parents are given an opportunity to apply for transfer if they wish their child to attend a school outside of their assigned catchment. The student transfer process for K – 12 will begin on February 10 – 18, 2020. Transfer forms will be available at any Greater Victoria School District schools as well as online. Please visit www.sd61.bc.ca for more information or give our school office a call at 250-744-2701.

Ready, Set, Learn



Eagle View will host our annual Ready, Set, Learn event on Friday, February 7, 2020. This wonderful event is for parents and their preschool aged children. The drop-in style event has lots of information and activities.

Swim Club



On Tuesday, January 28 our Eagle View swim team participated in a swim-a-thon. As a group, 10 swimmers swam 428 laps (10.7 km) in 45 minutes. Way to go swimmers! You did an amazing job. On Sunday, January 20, they swam in their first meet of the year. This was an opportunity for swimmers to see what an actual swim meet is like and also prepare for the upcoming preliminary meet on Wednesday, February 12. Thank you to Mrs. Wiersma & Ms. Ottenbreit for sponsoring our swim team.

Winter Weather - Important Information



Remember, we have "West Coast" recesses at Eagle View. Please ensure your child is dressed for all weather, particularly rain! We are now in the season when inclement weather may affect the safety and welfare of students. In particular, snowy weather has the potential to cause school closure or some School District 61 services to be suspended.

During inclement weather, information about schools will be updated continuously on the Greater Victoria School District 61 website at http://www.sd61.bc.ca/. We will also be using our School Messenger system to convey messages of this nature as well.

Within the Greater Victoria School District, the Superintendent of Schools will provide media outlets with information about the status of our facilities and transportation services by 6:30 am.

February 2020

February is Heart Month

February is full of hearts.... Heart Month and Valentine's Day! Did you know that boosting your mood and getting enjoyment out of life is one way you can take care of your heart! Below are a few ways you can give your heart a boost.

Do things that positively impact others. Being useful to others and being valued for what you do can help build self-esteem.

Learn or discover new things. Join a book club, visit a museum, learn a new language or visit somewhere new

Enjoy the beauty of nature or art. Studies show that walking through a garden can lower blood pressure and reduce stress. The same goes for strolling through a park or an art gallery, hiking, admiring architecture or sitting on a beach.

Engage in meaningful, creative work. Do things that challenge your creativity and make you feel productive, whether or not you get paid for it – things like gardening, drawing, writing, playing an instrument, or building something.

Make time for leisure. Do positive things for no other reason than that it feels good to do them. Go to a funny movie, take a walk on the beach, listen to music, read a good book, or talk to a friend. Play is an emotional and mental health necessity.

Make time for reflection and appreciation. Think about the things you're grateful for. Enjoy the sunset or take a moment to pay attention to what is good and positive as you go about your day. Everyone is different. Some people feel better relaxing and slowing down while others need more activity and more excitement or stimulation to feel better. The important thing is to find activities that you enand uplift your heart!

Healthy, Safe and Caring Schools Program Student Services, Greater Victoria School District



Snapshot link: Elementary Snapshot Social Emotional Learning- February 2020



~ News from EVE PAC ~

PAC Meetings

The next PAC meeting will be on **Wednesday**, **February 12**, **at 6:30 pm**, in the school Library. All parents are welcome to attend.