

February
2019



GREATER VICTORIA SCHOOL DISTRICT #61

EAGLE VIEW ELEMENTARY



NEWSLETTER



Eagle View Elementary
97 Talcott Road, Victoria, BC V9B 6L9
Phone: 250-744-2701 FAX: 250-744-2703
Website: www.sd61.bc.ca/school/eagleview

Spirit Day on Thursday, February 14
Dress in Red, White and Pink!

Principal's Message



The first month of 2019 has been an exciting one at Eagle View Elementary! On January 18, future preschool children and their adults joined the fun and games of 'Ready, Set, Learn.' Mrs. Coleman, Ms. Spall, Mrs. Wiersma, Mr. Galhon and Ms. Bender, along with a cohort of Grade 5 leadership students, helped plan, organize and run the activity stations. Kim Tooley and Melanie Evans-Kingston provided the PAC perspective on our wonderful school. With Colquitz Middle School hosting their information night on Wednesday, February 7 at 7:00, grade 5 students and their families are starting to think about their transitions, too.

As you know from the January newsletter, one of our main goals at Eagle View is "To extend students' social emotional learning through the implementation of Second Step, a K-5 program that promotes school success, school connectedness and a safe, respectful school climate through encouraging empathy and developing skills in managing emotions and solving problems." February is the perfect month for highlighting this. Throughout the month we will be featuring "How to be a good friend and demonstrate kindness." February 14, Valentine's Day, will be a Pink/Red/White day and February 27 will be our Pink Shirt Day Assembly.

On the athletic front, basketball continues for grade 4/5 students and their teacher coaches, Mr. Galhon and Ms. Houldsworth. Swimmers and their coach, Mrs. Wiersma, participated in the "Stand UP and Race Swim Meet" on January 20 which will be followed on **Monday, February 11 with the Preliminary Swim Meet**. House games continue on Tuesdays and Thursdays with Ms. Bender and Mr. Galhon leading the games.

Ms. Bender
Principal

Eagle View is a 'Scent Free' School

Please remember that Eagle View is a 'Scent Free' school. We have individuals in our school community who are highly sensitive to scented products (perfume, deodorant, hand lotion etc.) that we might use. Please consider this when using these products; we want everyone to feel healthy and well.





2019



View the full school calendar at:
www.sd61.bc.ca/school/eagleview

| Mon | Tue | Wed | Thu | Fri |
|---|--|---|--|---|
| | | | | 1 White Spot Lunch |
| Kindergarten Registration | | | | |
| 4 | 5 Popcorn Recess Grade 4 & 5 Chinese Buffet 1:00 pm Swim Club 3:15 - 4:00 pm | 6 Field Trip Div. 1 & 2 Chinatown 9:30 - 11:30 am | 7 Field Trip Div 3 Walking Tour Downtown 8:30 am - 12:00 pm Colquitz Parent Information Evening 7:00 - 8:00 pm | 8 Pizza Hut Lunch |
| 11 Preliminary Swim Meet 8:45 am - 1:30 pm Commonwealth Pool | 12 Lock Down Drill 1:45 pm Swim Club 3:15 - 4:00 pm | 13 PAC Meeting 6:30 pm | 14 Valentine's Day Red, Pink & White Day | 15 Pro D Day School is NOT in Session |
| 18 Family Day Stat Holiday  | 19 K-12 Transfer Process Begins Scholastic Book Fair | 20 Scholastic Book Fair Student Led Conferences 11:45 am - 5:30 pm Early Dismissal 11:40 am | 21 Scholastic Book Fair Student Led Conferences 11:45 am - 4:00 pm Early Dismissal 11:40 am | 22 Hot Dog Lunch 3rd Round of Fun Lunch ordering opens |
| 25 K-12 Transfer Process Ends | 26 Cobs Bakery Recess | 27 Pink Shirt Day In support of Anti-Bullying Assembly | 28 | |

February Birthdays
 Thane V, Brandon U, Jeremiah B, Cali F, Ryder O, KDN R, Finnley D,
 Noah M, Addi S, Chloe R, Hayden D, Adyson P, Grayson H & Danielle C.
 Happy Birthday!!

Kindergarten Registration - September 2019

We have been busy processing our new kindergarten registrations for September 2019. If you know of any families who have a child turning 5 this calendar year, please ask them to call the office at (250)744-2701 as soon as possible.



To register you will need to bring your child's birth certificate, medical card and a proof of residency. Please come to the main office to register.

Student Transfer Process - K - 12

Eagle View Elementary is part of the Spectrum Family of Schools. Catchment students will move through our family of schools – Eagle View Elementary (K-5), Colquitz Middle School (6 – 8), and Spectrum Community School (9-12). **Non-catchment students in Grade 5 will be pre-transitioned to their catchment school.** Each year as part of the registration process, parents are given an opportunity to apply for transfer if they wish their child to attend a school outside of their assigned catchment. The student transfer process for K – 12 will begin on February 19 – 25, 2019. Transfer forms will be available at any Greater Victoria School District schools as well as online. Please visit www.sd61.bc.ca for more information or give our school office a call at 250-744-2701.

Colquitz Middle School Information Evening

Eagle View catchment students' pathway is to Colquitz Middle School. Colquitz will be hosting their information evening Thursday, February 7, 2019 from 7:00 - 8:00 p.m. We encourage all our parents of grade 5 students to attend this information evening. If you have any specific questions please feel free to contact Mr. Gord Mitchell, Principal of Colquitz at (250)479-1678.

Ready, Set, Learn



Eagle View hosted our annual Ready, Set, Learn event on Friday, January 18, 2019. This wonderful event was for parents and their preschool aged children. The drop-in style event had lots of information and activities.

Swim Club



On Tuesday, January 22 our Eagle View swim team participated in a swim-a-thon. As a group, 15 swimmers swam 584 laps (14.6 km) in 45 minutes. Way to go swimmers! You did an amazing job. On Sunday, January 20, they swam in their first meet of the year. This was an opportunity for swimmers to see what an actual swim meet is like and also prepare for the upcoming preliminary meet on Monday, February 11. Thank you to Mrs. Wiersma, Mrs. Legere & Mrs. Callander for sponsoring our swim team.

Winter Weather - Important Information



Remember, we have "West Coast" recesses at Eagle View. Please ensure your child is dressed for all weather, particularly rain! We are now in the season when inclement weather may affect the safety and welfare of students. In particular, snowy weather has the potential to cause school closure or some School District 61 services to be suspended.

During inclement weather, information about schools will be updated continuously on the Greater Victoria School District 61 website at <http://www.sd61.bc.ca/>. We will also be using our School Messenger system to convey messages of this nature as well.

Within the Greater Victoria School District, the Superintendent of Schools will provide media outlets with information about the status of our facilities and transportation services by 6:30 am.

February 2018

February is Heart Month

February is full of hearts.... Heart Month and Valentine's Day! Did you know that boosting your mood and getting enjoyment out of life is one way you can take care of your heart! Below are a few ways you can give your heart a boost.

Do things that positively impact others. Being useful to others and being valued for what you do can help build self-esteem.

Learn or discover new things. Join a book club, visit a museum, learn a new language or visit somewhere new.

Enjoy the beauty of nature or art. Studies show that walking through a garden can lower blood pressure and reduce stress. The same goes for strolling through a park or an art gallery, hiking, admiring architecture or sitting on a beach.

Engage in meaningful, creative work. Do things that challenge your creativity and make you feel productive, whether or not you get paid for it – things like gardening, drawing, writing, playing an instrument, or building something.

Make time for leisure. Do positive things for no other reason than that it feels good to do them. Go to a funny movie, take a walk on the beach, listen to music, read a good book, or talk to a friend. Play is an emotional and mental health necessity.

Make time for reflection and appreciation. Think about the things you're grateful for. Enjoy the sunset or take a moment to pay attention to what is good and positive as you go about your day. Everyone is different. Some people feel better relaxing and slowing down while others need more activity and more excitement or stimulation to feel better. The important thing is to find activities that you enjoy and uplift your heart!

Healthy, Safe and Caring Schools Program
Student Services, Greater Victoria School District



~ News from EVE PAC ~

PAC Meetings

The next PAC meeting will be on **Wednesday, February 13, at 6:30 pm**, in the school Library. All parents are welcome to attend.

Save the Date Scholastic Book Fair

at Eagle View Library

February 19th, 20th & 21st



Additional books for our library!! For every \$10 you spend at the Fair, up to \$6 goes directly back to our school in the form of books for our Library. We cater to ALL reading levels. You could win the family event draw - \$25 in books for your family, PLUS \$25 for your child's classroom teacher! Increase the size of your child's classroom library by purchasing books.

We look forward to seeing you during our Scholastic Book Fair and we thank you, in advance, for supporting this great literary fundraiser. More importantly, thank you for believing in books and the importance reading has on your child's future. We need volunteers to help run the book fair. If you are able to volunteer please contact Mel Evans at landonandkamryn@gmail.com even a half an hour makes a difference.



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Please help us keep the air we share healthy and fragrance free